

# Books to make you Healthy, Wealthy and Wise in 2009



Penguin presents 52 Books for 2009!

Whether you want to exercise that grey matter, attain the body beautiful or be swept up in romance - we've got the book for you. Read on for the definitive guide to Penguin's top titles and make 2009 your best-read yet!

## January

Must Read - Amazon by Bruce Parry  
Healthy - The Easyway to Quit Smoking by Allen Carr  
Wealthy - The Money Goddess by Paula Hawkins  
Wise - A New Earth by Eckhart Tolle

## February

Must Read - Got You Back by Jane Fallon  
Healthy - How to get a celeb's body by Elise Lindsey  
Wealthy - Follow the Money by Duncan Campbell-Smith  
Wise - Let's Call the Whole Thing Off Ed. Ali Smith

## March

Must Read - On the Origin of Species by Charles Darwin  
Healthy - Anticancer by Dr David Servan-Schreiber  
Wealthy - Saving by Juliane Otterbach  
Wise - The Element by Ken Robinson

## April

Must Read - Silks by Dick and Felix Francis  
Healthy - In Defence of Food by Michael Pollan  
Wealthy - How Not To Write a Novel by Howard Mittelmark & Sandra Newman  
Wise - Outliers by Malcolm Gladwell

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## May

Must Read - Hot, Flat and Crowded by Thomas Friedman  
Healthy - Neris & India's Idiot proof diet book by India Knight  
Wealthy – The Ascent of Money by Niall Ferguson  
Wise - Five Wishes by Gay Hendrick

## June

Must Read – Bleeding Heart Square by Andrew Taylor  
Healthy - Gillian McKeith's Boot Camp Diet by Gillian McKeith  
Wealthy – What They Teach You at Harvard Business School by Philip Delves Broughton  
Wise - The Craftsman by Richard Sennett

## July

Must Read - And the Hippos were boiled in their tanks by William S Burroughs  
Healthy - The Emotional Healing strategy by Gael Lindenfield  
Wealthy – The Partnership by Charles D. Ellis  
Wise - Meditations on Living, Dying and Loss by Graham Coleman

## August

Must Read – Gang Leader for a Day by Sudhir Venkatesh  
Healthy – Fat Bloke Slims by Bruce Byron  
Wealthy – The Black Swan by Nassim Nicholas Taleb  
Wise – Time, A User's Guide by Stefan Klein

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## September

Must Read - Zone 22 by Tig Hague  
Healthy - All New Cook Yourself Thin quick and easy  
Wealthy – Microtrends by Mark J. Penn  
Wise - The Language of Things by Deyan Sudjic

## October

Must Read – The Whisperers by Prof Orlando Figes  
Healthy - The Brain That changes Itself by Norman Doidge  
Wealthy - The Ten Commandments to Business Failure by Donald R. Keough  
Wise – Dead Aid by Dambisa Moyo

## November

Must Read - Have you Seen...?' by David Thomson  
Healthy - A Guide to Looking and Feeling Fabulous Over Forty by Twiggy Lawson  
Wealthy - The Age of Turbulence by Alan Greenspan  
Wise - Wake Up by Jack Kerouac

## December

Must Read - Wife in the North by Judith O'Reilly  
Healthy - Hatfields Herbal by Gabrielle Hatfield  
Wealthy - The Last Tycoons by William D. Cohan  
Wise – Siddhartha by Herman Hesse

## Bonus titles

Must Read - Company of Liars by Karen Maitland  
Healthy - A-Z guide to good mental health by Jeremy Thomas & Dr. Tony Hughes  
Wealthy - Pirate's Dilemma by Matt Mason  
Wise - Gut Feelings by Gerd Gigerenzer

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