

Books to make you Healthy, Wealthy and Wise in 2011



Whether you love fiction, want to exercise that grey matter, get to grips with your finances, attain the body beautiful or be a little wiser – this is the ultimate book list. Tick off the books as you read them to chart your journey to health, wealth and wisdom!

January

Must Read

- Wreck This Journal** by Keri Smith

Healthy

- The Rough Guide to Men's Health** by Lloyd Bradley

Wealthy

- 23 Things They Don't Tell You About Capitalism** by Ha-Joon Chang

Wise

- The Quest for Meaning** by Tariq Ramadan

February

Must Read

- Stolen** by Lesley Piersie

Healthy

- Train Your Brain More** by Dr Ryuta Kawashima

Wealthy

- The Last Narco** by Malcolm Beith

Wise

- The Wisdom of Bees** by Michael O'Malley

March

Must Read

- The Love Verb** by Jane Green

Healthy

- Food Rules: An Eater's Manual** by Michael Pollan

Wealthy

- Thatcher and Sons** by Simon Jenkins

Wise

- A Fraction of the Whole** by Steve Toltz



Books to make you Healthy, Wealthy and Wise in 2011



April

Must Read

- ❑ **Mr Chartwell** by Rebecca Hunt

Healthy

- ❑ **Four Fish** by Paul Greenberg

Wealthy

- ❑ **The Greatest Trade Ever Made** by Gregory Zuckerman

Wise

- ❑ **Thoughtful Gardening** by Robin Lane Fox

May

Must Read

- ❑ **This Charming Man** by Marian Keyes

Healthy

- ❑ **Jamie's 30-Minute Meals** by Jamie Oliver

Wealthy

- ❑ **The Financial Lives of the Poets** by Jess Walter

Wise

- ❑ **The Inheritance of Rome** by Chris Wickham

June

Must Read

- ❑ **Alone in Berlin** by Hans Fallada

Healthy

- ❑ **It's All About The Bike** by Robert Penn

Wealthy

- ❑ **Dead Aid** by Dambisa Moyo

Wise

- ❑ **The Lessons** by Naomi Alderman



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July

Must Read

- ❑ **Life and Laughing** by Michael McIntyre

Healthy

- ❑ **At Elizabeth David's Table** by Elizabeth David

Wealthy

- ❑ **Superfreakonomics, Illustrated** by Stephen D. Levitt & Stephen J. Dubner

Wise

- ❑ **Cognitive Surplus** by Clay Shirky

August

Must Read

- ❑ **Pub Walks in Underhill Country** by Nat Segnit

Healthy

- ❑ **Waste** by Tristram Stuart

Wealthy

- ❑ **The Shops** by India Knight

Wise

- ❑ **Where Good Ideas Come From** by Steven Johnson

September

Must Read

- ❑ **Short Girls** by Bich Minh Nguyen

Healthy

- ❑ **The Case for Working With Your Hands** by Matthew Crawford

Wealthy

- ❑ **Devilfish** by Dave 'Devilfish' Ulliot

Wise

- ❑ **God is Back** by John Micklethwait and Adam Wooldridge



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October

Must Read

- ❑ **Full Circle** by Ellen MacArthur

Healthy

- ❑ **Tormented Hope** by Brian Dillon

Wealthy

- ❑ **Whoops!** by John Lanchester

Wise

- ❑ **State of Emergency** by Dominic Sandbrook

November

Must Read

- ❑ **I Am Number Four** by Pittacus Lore

Healthy

- ❑ **It Must Be My Hormones** by Vicki Edgson

Wealthy

- ❑ **Secrets of the Money Lab** by Kay-Yut Chen and Marina Krakovsky

Wise

- ❑ **The Idea of Justice** by Amartya Sen

December

Must Read

- ❑ **The Fry Chronicles** by Stephen Fry

Healthy

- ❑ **Illness as Metaphor & AIDS and its Metaphors** by Susan Sontag

Wealthy

- ❑ **High Financier** by Niall Ferguson

Wise

- ❑ **Tales from Shakespeare** - Audiobook



Books to make you Healthy, Wealthy and Wise in 2011



Bonus titles

Must Read

- ❑ **The Graduate** by Charles Webb

Healthy

- ❑ **Neer Naw** by Suzi Brent

Wealthy

- ❑ **Getting More** by Stuart Diamond

Wise

- ❑ **A World on Fire** by Amanda Foreman

